The role of Admiral Nurses at End of Life and Post Bereavement

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What is an Admiral Nurse?

- Admiral Nurses are nurses specialising in dementia care, working collaboratively with health and social care professionals and voluntary organisations to improve the experience of those affected by dementia.

- Admiral Nurses offer individualised support for family carers and people with dementia which entails comprehensive assessment of need and provision of a range of approaches designed to improve emotional wellbeing and equip family carers with skills and information.
Admiral Nurses – Areas of Practice

- Community
- Care homes
- Admiral Nurse Dementia Helpline
- Acute hospital
- Home care
- Hospice
What we know….

• Dementia is the leading cause of death in England and Wales.
• >86% of people with dementia have at least one other co-morbid condition
• People with dementia are more likely to die in a care home or hospital.
• Families affected by dementia often have complex health and social care needs.
• People with dementia are less likely to receive specialist palliative care and symptom management.
• There are fragmented and inconsistent services for families affected by dementia.
• There is a lack of recognition that dementia and the disease processes that cause it are life limiting.
How can Admiral Nurse case management improve care at End of Life and Post bereavement for families affected by dementia?
Supporting families in the Community....

Jean and Bill...
Supporting families and staff in a care home....

Jane and Ted.......

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Benefits of Admiral Nurse case management approach

- Specialist support for families and professionals.
- Person and family centred care.
- Improved communication and relationships.
- Consistency, clear integrated pathway, clarity of roles and responsibilities.
- Efficient, timely and equitable access to appropriate services.
Outcomes

• Improved physical, emotional and mental well-being for people with dementia and their families.
• Advanced Care Planning.
• Proactive as opposed to reactive care and support
• Reduced avoidable admissions to Acute hospital beds.
• Improved symptom control for people with dementia.
• Ongoing post bereavement support led by need.
• Dying in preferred place of death.
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